



## 兒童醫療輔導服務 Child Life Service



Children undergoing treatments in the hospital are often stressed and fearful. The unfamiliar environment, coupled with frequent and at times invasive treatment procedures, exacerbates their anguish and tendency to resist treatment. Their families and siblings might also be affected by the child's illness or trauma.



### Objectives

- **Enhance** the child's ability to cope with illness and treatment procedures
- **Facilitate** communication and cooperation between the medical profession and the patients and their families
- **Alleviate** unnecessary fears and anxieties
- **Maintain** normal growth and emotional well-being of the child



### Scope of Service

**Child Life Specialists** have a strong background in child development. They translate the treatment process into a language that children can relate to. Through play, preparation, relaxation and self-expression activities, they help to enhance the children's ability to cope with the illnesses and treatments. Being part of the healthcare team, they provide professional assessment and intervention to:



- Help prepare children for medical procedures or treatments, and **enhance their coping ability to eliminate unnecessary fears**
- **Provide support**, if necessary, during medical procedures, helping children put coping strategies into practice
- Engage children in **medical play**; allow expression of feelings



- **Coordinate activities** that cater to the children's psychosocial needs to promote healthy growth and development
- Provide support and **assistance to families** and siblings
- **Communicate and work closely with the medical team**, to deliver services faithful to the family-centred care concept

### Background on Child Life Specialist

The Children's Cancer Foundation is the only charitable organisation in Hong Kong to adopt the Child Life professional methodology that encompasses training and service standards codified by the Child Life Council of USA. Since 1997, the Foundation has been providing training for its employees to obtain internationally-recognised accreditation, ensuring Child Life Service in Hong Kong is on par with world class standards.



Founded in 1982, the Child Life Council ([www.childlife.org](http://www.childlife.org)) of USA is committed to developing, promoting and monitoring professional standards in the discipline. With more than 5,000 members representing more than 600 organisations worldwide, the Child Life Council is a strong advocate for quality in the evidence-based practice of Child Life Service and actively involved in the development of this service in different regions of the world.

### Accreditation Assessment for a Certified Child Life Specialist

1. A bachelor's or master's degree holder
2. Completion of course work endorsed by the Child Life Council
3. Internship of at least 480 hours, under supervision of a Certified Child Life Specialist
4. Pass the *Child Life Professional Certification Examination*



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